

TCBC RIDE LEADERS BRIEFING GUIDE

3/1/10-SS

- **Welcome** riders and introduce yourself and any new riders.
- State **name of ride** and **level**.
- Define **level** and state what riders can **expect** from leader.
- Remind riders to be **helpful** to and **responsible** for each other. *The leader can't possibly be everywhere.*
- Make certain that everyone is **wearing a helmet** and that non-members have **signed a waiver** and **paid the fee**.
- Remind everyone not to leave **valuables** in their car.



TCBC Website: www.bikeTCBC.org

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- **REVIEW THE FOLLOWING**
 - ✓ The **route**
 - ✓ **Mileage** options
 - ✓ Any known **hazards**
 - ✓ Importance of **drinking** fluids
 - ✓ Points of **interest**
 - ✓ Rest **stops** and facilities
 - ✓ **Weather** considerations
- **OFFER THESE SAFETY REMINDERS**
 - ✓ Don't ride beyond your ability.
 - ✓ Obey all traffic laws, **stop** at all stop signs.
 - ✓ Ride no more than 2 abreast, single file in heavy traffic.
 - ✓ Ride as far to the right as you **safely** can.
 - ✓ Communicate verbally and visually; do both when turning, stopping, pointing out road hazards, etc.
 - ✓ Don't confront motorists, get license number and description and report to police.
 - ✓ Make **announcement** of other rides, events, etc.

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